

REGINA

metro®

NEWS
WORTH
SHARING.**KILL BILL,
DATE QUENTIN**IT MAY HAVE TAKEN 20 YEARS, BUT UMA THURMAN AND TARANTINO ARE REPORTEDLY FINALLY AN ITEM **PAGE 13****JazzFest**
Regina
Regina Jazz Society
2014**June 10 - June 15****For Tickets:**

www.jazzfestregina.com

Pay Pal

Bach & Beyond 306-347-2224

Conexus Box Office

(Service charges are applicable)

**HANSEN HOPES TO HELP**

Canadian disability activist Rick Hansen speaks to media at Conexus Arts Centre on Thursday. Hansen was in Regina to announce that his foundation, along with Farm Credit Canada and the Canadian Agricultural Safety Association, have teamed up to launch a social media campaign to raise funds in order to help injured farmers get back to work. Story, page 4. SARAH TAGUAM/METRO

**Builder chosen
for Regina's
sewage plant**

'Significant milestone'
EPCOR tagged to tackle one of city's 'largest and most complex capital projects' ever

**SARAH
TAGUAM**

sarah.taguam@metronews.ca

City hall has named EPCOR Saskatchewan Water Partners as its preferred company to design, build, finance and operate its planned multimillion-dollar sewage-treatment plant.

Described by the city as one of the "largest and most complex capital projects" it's ever undertaken, the plant is expected to help Regina meet new provincial environmental regulations by Dec. 31, 2016.

The facility will be constructed through a public-private partnership at the site of the city's existing sewage plant just west of Regina.

"We've reached a significant milestone on the project," Mayor Michael Fougere said on Thursday. "December 2016 is the key date that we need to meet, and right now we're on track to be able to do that."

By the end of 2016, the city is required to have a wastewater plant that meets the provincial standards for treating ammonia and phosphorous.

EPCOR, which the city describes as a "team" including EPCOR Water Services Inc. and four other firms, has been selected from three short-listed companies. EPCOR has proposed price tags lower than the construction estimate of \$224 million and the 30-year maintenance cost of \$760 million that the city had projected. But

Fougere said the difference in estimates won't be disclosed until an agreement with the company becomes official.

The plant has been approved to receive up to \$58.5 million in federal funding.

Financial negotiations with EPCOR could take six to eight weeks, the mayor said.

"As we finalize the contract, it really won't slow anything down," said deputy city manager Brent Sjoberg. "They'll just continue forward and by the end of June, you'll start to see construction activity."

According to Sjoberg, the design of the plant will be made public once a fixed-price contract is signed. Excavation is planned to begin in early June.

The city, Fougere said, will decide where to redirect any money left over under the project once its budget is set.

VERSACE • OAKLEY • RAYBAN • PRADA • TOM FORD • ETNIA • DOLCE & GABBANA • COACH • BURBERRY •

EYES Has it! **EYES** —ON HAMILTON—

\$65 OFF

ANY COMPLETE PAIR OF RX GLASSES FRAMES & LENSES
Hurry! Offer Expires June 14, 2014.

1945 HAMILTON | 306-757-2300 | WWW.EYECANADA.COM

Like us on Facebook: FACEBOOK.COM/EYESREGINA

MAJIL JIM • ROBERTO CAVALLI • DIOR • GUCCI • MEXX • MICHAEL KORS • CALVIN KLEIN • LACOSTE

EYE EXAMS ARRANGED

Offers in effect Thursday, May 29th, to Wednesday, June 4th, 2014 unless otherwise stated, while quantities last.

SEARS outlet

Sears Quality....Outlet Prices....Everyday.

Tuesday is Seniors' Discount Day

Seniors 55 and Up will **SAVE** an additional **15% OFF** the already reduced prices on all Fashions in the store
When They Use Their Sears Financial™ Credit Card

New Arrivals of SPRING FASHIONS

\$9.72 - \$14.72^{ea.}
or Less

INCLUDES SELECTED SPRING FASHIONS & FOOTWEAR FOR THE ENTIRE FAMILY

**1000s OF
ITEMS ARRIVING DAILY!**



FOOTWEAR BLOWOUT!

Save
50%

ON ALMOST ALL
**WOMEN'S
FOOTWEAR**
Priced Over \$15*

Markdown taken at register *Before Taxes. While quantities last.



WOMEN'S SELECTED Swimsuits

\$9.72 - \$14.72^{ea.}

Prices As Marked While Quantities Last.



Save
20%

ON ALMOST ALL
**QUILTS, COMFORTERS, &
BLANKETS**

When You Use Your Sears Financial™ Credit Card†

Save 10% with all other forms of payment
Excludes All Fee account #195XXX items



SAVE UP TO
70% OFF

SEARS ORIGINAL PRICES ON ALL

LUGGAGE

Prices as marked. While quantities last.



HUGE SELECTION OF

**Men's
Shorts**

\$9.72 - \$14.72^{ea.}

Prices As Marked While Quantities Last.



Special
Sears Outlet Offer

**SERTA®
SLEEP SETS**

4 styles Available in All Sizes

**HUGE
MATTRESS SET
CLEARANCE
EVENT**

HERE'S JUST ONE EXAMPLE ►►



**GLAMIS
QUEEN-SIZE SET
EURO TOP, 720 COILS**

Was \$999.99

NOW \$299.99^{set}

While Quantities Last.

HUGE SELECTION OF
**New-In-A-Box
Furniture**

UP TO **70% OFF** SEARS
ORIGINAL
PRICES

Prices As Marked While Quantities Last.



Save
30% ON ALMOST ALL
FRIDGES

Priced Over \$1000 before taxes

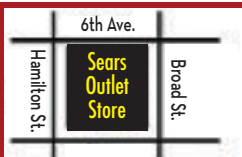
Excludes all items with Yellow Starbursts,
Red Penned & Red Clearance Tags.



Save
20% On
Almost All
RANGES & WASHERS

Priced Over \$1000 before taxes

Excludes all items with Yellow Starbursts, Red Penned & Red Clearance Tags



Sears Outlet Store
1908 7th Ave.
Regina SK

Store Hours

Monday - Friday 9:30 am - 9 pm
Saturday 9:00 am - 6 pm
Sunday & Holidays 11 am - 5 pm

Sears Catalogue Shopping

Ask About ship-a-gift®
www.sears.ca
1-800-267-3277 (24hr)

†Sears® Financial™ MasterCard® Sears Financial™ Voyage™ MasterCard® or Sears Card offers are on approved credit. Personal shopping only. Savings offers do not include Parts & Service or Sundry Merchandise. Items with #195XXX & Sears 'Value' Programs with prices ending in .97. All merchandise sold "as is" and all sales final. No exchanges, returns or adjustments on previously purchased merchandise; savings offers cannot be combined. No dealers; we reserve the right to limit quantities. Prices do not include home delivery. Although we strive for accuracy, unintentional errors may occur. We reserve the right to correct any error. 'Reg.', 'Was' and 'Sears selling price' refer to the Sears Catalogue or Retail store price current at time of merchandise receipt. Sears® MasterCard, Sears Voyage MasterCard or Sears Card offers are on approved credit. Sears® and Voyage™ are registered Trademarks of Sears, licensed for use in Canada. ®/™ MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. Sale priced merchandise may not be exactly as illustrated. Offers valid at Sears Regina Outlet Store shown only. For other hot deals, visit the Outlet Site at www.sears.ca/outlet © 2014 Sears Canada Inc.

New boundaries in Sask. a boon for NDP: Mulcair

Federal election.
Opposition leader
confident his party
will get more seats in
province

**MORGAN
MODJESKI**
Metro in Saskatoon

Federal Opposition Leader Thomas Mulcair says recent changes to Saskatchewan's electoral boundaries will help the New Democratic Party when Canadians go to the polls next year.

In Saskatoon ahead of the Saskatchewan NDP convention in Moose Jaw, Mulcair told reporters on Thursday that he's confident his party will gain ground in the province.

"It will allow us to get back to a situation that's much more normal," Mulcair said outside Bus Stop Refreshments.

"We're getting well over 30 per cent of the vote, but none of the seats — so that will be changed in the next election because of the redrawing."

Last August, Saskatchewan saw its federal boundaries change in parts of the province.

The biggest changes occurred in Saskatoon and Regina, where hybrid ridings that had included urban and rural populations became strictly urban.

"We've got a very long history here in the province, very deep roots," the leader added.

"We've got tremendous candidates that are coming forward and we're going to be calling the nomination meetings very soon."

Mulcair spoke highly of provincial NDP Leader Cam Broten, noting his "deep roots" in the province and calling him "the future of Saskatchewan politics."

When asked whether he will choose any NDP candidates in Saskatchewan, he said he will leave that to provincial members.

"We're the New Democratic Party," he said. "I don't impose my views on who the candidates should be. Our members decide who their candidates are."

WITH FILES FROM THE CANADIAN PRESS



Federal NDP Leader Thomas Mulcair speaks to reporters outside Bus Stop Refreshments in Saskatoon on Thursday. Inset, Mulcair chats with a passerby after his press conference. MORGAN MODJESKI/METRO IN SASKATOON

Destructive storm hits central Saskatchewan

Part of a school gymnasium roof was ripped off when a strong storm walloped parts of central Saskatchewan on Wednesday night.

The roof was draped over the side of the building when students arrived for classes Thursday morning at the elementary school in Outlook,

about 100 kilometres southwest of Saskatoon. No one was hurt and the school remains open.

Heavy rain, hail and wind gusts up to 90 kilometres an hour were reported in other areas of the province, but there

were no reports of tornadoes.

Roxan Foursha, spokeswoman for the Sun West School Division, said damage to the roof is estimated at \$300,000 to \$400,000. Tarps have been put in place to keep rain out of the gym until the roof can be fixed.

"It will be a total replacement," said Foursha, adding that classes are going ahead as scheduled. Staff are making alternate arrangements for physical education classes, she said.

About 270 kilometres to the south, near the small community of Kincaid, the storm blew

the roof off a garage belonging to Krista Ross. Ross, her husband and their four young children huddled in their basement when the storm hit. When they later assessed the damage, they found the wind had also moved their large semi-trailer truck.

THE CANADIAN PRESS

Uh-Oh... Better Get



- ✓ Full Collision Repair
- ✓ Small Damage Repair
- ✓ Auto Painting Specialists

Courtesy cars provided by



Courtesy cars available by appointment for all insurance claims and regular retail prices.



SGI
SGI ACCREDITED

BUSINESS HOURS

Monday - Friday: 8:00 am - 5:30 pm

Saturday: 10:00 am - 1:00 pm

Closed Long Weekends

2330 7th Avenue

565-2650

FOR A FREE ONLINE ESTIMATE VISIT US AT www.maaco-reginaca.com

Maaco Collision Repair & Auto Painting® are independent franchises of Maaco Systems Canada Inc. and are privately owned and operated.

1 NEWS

Hansen in motion to get farmers back on job

Back to Ag.

Renowned disability activist helps launch project for injured workers in Regina



SARAH
TAGUAM

sarah.taguam@metronews.ca

Disability activist Rick Hansen is a key figure in a new national initiative using social media to raise funds to get injured farmers back to work. And the British Columbia-based celebrity joined Farm Credit Canada (FCC) and the Canadian Agricultural Safety Association (CASA) in Regina on Thursday to kick off the campaign.

Titled Back to Ag, the program encourages social media users to share campaign posts on Facebook and to use the #BacktoAg hashtag on Twitter.

"It is the beginning of a new way of social responsibility and philanthropy, where we're reaching out to people through social



From left, Farm Credit Canada president and CEO Greg Stewart, disability activist Rick Hansen, and Marcel Hacault, executive director of the Canadian Agricultural Safety Association, speak to media on Thursday at Conexus Arts Centre about their national campaign to get injured farmers back on the job.

SARAH TAGUAM/METRO

media and connecting to tens of thousands of people

in the agricultural community," Hansen, known for

his use of a wheelchair on his Man in Motion World

Tour that drew attention to spinal-cord research in the

mid-1980s, told reporters at Conexus Arts Centre.

FCC will donate \$1 for every Facebook "like" and share, and for every retweet or #BacktoAg mention on Twitter, until June 13. The company plans to donate a total of \$100,000 toward the campaign.

"I usually don't want us to spend all our money but in this case, I hope we spend every cent," said FCC president and CEO Greg Stewart.

Applications to receive the grants will be accepted starting Oct. 8. Criteria will be publicized on CASA's website over the next few months.

Ten farmers will be selected to receive \$10,000 each for rehabilitation services and adapting technology and equipment to their needs.

"This is a beginning of a pilot that we think will become a sustainable movement that will generate millions of dollars in the future," Hansen said, "and make lives much better as a result."

INDUSTRIAL PAVING INC.



NO JOB TOO BIG OR TOO SMALL, WE PAVE THEM ALL!



START



FINISH

SPECIALIZING IN
PARKING LOT • DRIVEWAYS
PATCHING • RESURFACING
SEAL COATING
FARM LANES • POT HOLES

CALL TODAY FOR A FREE ESTIMATE

Tel (306) 526 3386 • industrialpavinginc@hotmail.com • industrialpavinginc.com

Regina, Saskatchewan

Ignored at work? It's worse than bullying

Ostracism hurts. Study finds feeling left out can lead to health problems — even quitting your job



THANDI FLETCHER
Metro in Vancouver

Mother always said: If you don't have anything nice to say, don't say anything at all.

But that attitude may be more damaging than helpful when it comes to the workplace, according to a study from the University of B.C.

Researchers found that, while most consider ostracism less harmful than bullying, being ignored at work is significantly more likely to result in people being unhappy in their jobs, quitting and having health problems. Feeling ostracized is so detrimental to mental

Quoted
"We're hardwired to be pack animals."

Sandra Robinson, co-author of study

and emotional well-being that its effect is worse than physical bullying or verbal harassment, the researchers found.

"People are hypersensitive to being ignored or excluded," said the study's co-author Sandra Robinson, a professor in the Sauder School of Business.

"We're hardwired to be pack animals. We have to belong ... and most of us are really uncomfortable if we get any cues that we don't."

Using a series of surveys, the researchers found that participants consistently said they didn't think workplace ostracism was less inappropriate, less psychologically harmful or less likely to be prohibited than

harassment.

While many of us are taught that ignoring someone is socially preferable to verbal confrontation, Robinson said her team's research shows that being excluded is "acutely painful" in the workplace.

Ostracism can manifest in many ways, said Robinson, from people deliberately excluding co-workers from important meetings to "forgetting" to copy them on emails and giving them the silent treatment.

Since ostracism is less visible than physical or verbal harassment, however, it makes it more difficult to detect and address, said Robinson.

As many workplaces and schools are working to counter bullying and harassment, Robinson said, the study's findings highlight the need to also view ostracism as a form of bullying and include it in company harassment policies.



Guess who's not pregnant ...

Prince William and Catherine, Duchess of Cambridge — who are known as the Earl and Countess of Strathearn north of the English border — sample some whisky during a tour of the Famous Grouse Distillery in Crieff, Scotland, Thursday. ANDREW MILLIGAN/GETTY IMAGES

Accused could pay dearly

Body-shop owner a Bambi-boozler?

Forty-one people in Philadelphia are facing charges in what prosecutors call an elaborate insurance-fraud scheme that used dead deer to fake car accidents.

Ronald Galati Sr. is accused of running a \$5-million US scam out of his auto-body shop.

District attorney Seth Williams said Wednesday that Galati coached customers to claim they'd struck a deer rather than a car. That way, insurance companies would consider them "no fault" accidents and pay the claims without raising the customers' premiums.

Investigators say Galati stored deer carcasses, blood and fur in the back of his shop to use as props.

Also charged are Galati's wife, son and daughter, several insurance adjusters, tow truck drivers, a city official and a police officer.

THE ASSOCIATED PRESS



STORY NO. 11



Gary belongs to two communities. We're proud to be one of them.

Gary Lerat grew up in a community he loves — the Cowessess First Nation in Saskatchewan. Today, he's also a member of the PotashCorp community. Thanks to a unique outreach program, we're tapping into the talents of First Nations and Métis people like Gary. We offered him a career path at our Rocanville mine, and he's making the most of it. "It's got that community feel," says Gary about PotashCorp. "Everyone there is almost like family." To see the video of Gary's story, visit PotashCorp.com/25



Two billion people overweight: Study

World health. Highest rates of obesity are in the Middle East and North Africa

Almost a third of the world is now fat, and no country has been able to curb obesity rates in the last three decades, according to a new global analysis.

Researchers found more than two billion people worldwide are now overweight or obese. The highest rates were in the Middle East and North Africa, where nearly 60 per cent of men and 65 per cent of women are heavy.

The U.S. has about 13 per cent of the world's fat population, a greater percentage than any other country. China and India combined have about 15 per cent.

"It's pretty grim," said Christopher Murray of the Institute for Health Metrics and Evaluation at the University of Washington, who led the study.

He and colleagues reviewed more than 1,700 studies covering 188 countries from 1980 to 2013. "When we realized that not a single country has had a significant decline in obesity, that tells you how hard a challenge this is."

Murray said there was a strong link between income and obesity; in developing countries, as people get richer, their waistlines also tend to start bulging.

In many rich countries like the U.S. and Britain, the trend is reversed — though only slightly.

Murray said scientists have noticed accompanying spikes in diabetes as obesity has risen and that rates of cancers linked to weight, like pancreatic cancer, are also rising.

The new report was paid for by the Bill & Melinda Gates

Even a few pounds helps

In Britain, the independent health watchdog issued new advice Wednesday recommending that heavy people be sent to free weight-loss classes to drop about three per cent of their weight.

- About two in three adults in the U.K. are overweight, making it the fattest country in Western Europe.

Foundation and published online Thursday in Lancet.

"Our children are getting fatter," Dr. Margaret Chan, WHO's director-general, said bluntly during a speech at the agency's annual meeting in Geneva. "Parts of the world are quite literally eating themselves to death."

THE ASSOCIATED PRESS



One man's pothole solution

Entrepreneur Bill Mont fills in some potholes on Canal Street in Dartmouth, N.S., Thursday. The pothole problem in Halifax is so bad, Mont is taking matters into his own hands. "I decided today ... I'm not going to beat my car up anymore.... They're deep holes." A Halifax spokesperson said the pothole problem has been particularly pernicious this year, with more than 8,700 patched since January and another 1,500 still waiting to be done. Jennifer Stewart said residents are asked not to take action like Mont. JEFF HARPER/METRO IN HALIFAX

'Concerning pattern.' Teen boys regularly view porn

A survey of thousands of young Canadian students across the country found a "concerning pattern" of teenaged boys seeking out pornography regularly, according to the non-profit organization MediaSmarts, while accounts of sexting were also commonplace.

The Ottawa-based group conducted a wide-ranging survey with 5,436 students in Grades 4 through 11 about their lives online. Forty per cent of the boys admitted to looking for porn online.

A third of the boys who admitted to viewing porn said they did so daily, another third said they did so at least once a week, and almost one in five said it was at least once a month. Only seven per cent of the girls polled said they had sought out pornography online. THE CANADIAN PRESS

JazzFest Regina 2014

For Tickets:

www.jazzfestregina.com

Pay Pal

Bach & Beyond 306-347-2224

Conexus Box Office

(Service charges are applicable)

June 10 - June 15

Tues. June 10

David Braid opens at Darke Hall as part of a Sponsor Appreciation Night playing the Fazioli piano. Local Ken Jefferson will be the warm up act

Wed. June 11

"Free Stages" in the park

Thurs. June 12

"Free Stages" during the day and then late afternoon till early evening will feature the "School Bands" on the City Plaza Stage starting from 4pm - 9pm. The headliner will be Belle Plaine & The Unrequited Love at Bushwackers.

Fri. June 13

"Free Stages" during the day and the headliner at the Ramada Park Plaza Hotel will be Jeffery Straker.

Sat. June 14

will have all the "Free Stages" during the day and the headliner at the Ramada Plaza Hotel.

Sun. June 15

will feature the Brandi Disterheft Trio for the Father's Day Jazz Brunch at the Ramada Plaza and then the Multicultural Day in the park begins at 1pm featuring Lorraine Klassen. Followed by several other multi-cultural bands. The evening closing concert will feature Andino Suns as the opener at the Ramada Plaza Hotel for the Iroko Project as part of a salsa dance party.



DON'T LET YOUR CAR STOP YOU FROM SPRINGING INTO SUMMER

Spring Special

Includes:

- Oil & filter & lube
- Check block heater
- Check anti-freeze for strength & condition
- Check air filters, fluids & wiper blades
- Check tire pressure & wear
- Check under carriage, lights, hoses, belts, battery cables & ends

48⁹⁵

Transmission Service

- Includes • Filter
- Gasket • Fluid • Labour

110⁹⁵

SGL Accredited Inspection Station

Taxi, First time registration & total loss

125⁰⁰

Spring Engine Care Package

Get rid of the sludge in your engine walls, the sticking fuel injector in rail and throttle body • Tune-Up • Oil Change • Purge Fuel Injectors • Engine Flush • Check antifreeze strength • Check block heater • All belts and hoses inspected

4-cyl. 192⁰⁰ 6-cyl. 209⁰⁰ 8-cyl. 224⁰⁰

Scan Computers for Codes

Engine, ABS, Airbags

85⁰⁰

Balance and Rotate

All 4 tires, including labour

50⁰⁰

FMC Computerized Thrusts Alignments

Four Wheel

80⁰⁰ 90⁰⁰

Plus shims if required

Cooling System Flush

Includes new anti-freeze and chemicals & labor

110⁹⁵

Brake Service

Includes pads or shoes & turning rotors, drums repack wheel bearings when required. Labour included.

Drum Rear

159⁹⁵

Disc Front

169⁹⁵

PRO CERTIFIED AUTO SERVICE 2009 LTD.



2505 - 4th Ave. N. • 359-3323

Teenage cousins gang-raped, found hanging from tree

India. Two police officers arrested, three more suspects sought

Sobering numbers

22

Government statistics show a rape is committed every 22 minutes in India. Activists say this number is low because most cases are never reported — women are often pressured by their families and even the police to stay quiet about sexual assault.

Less than 18 months after the brutal gang rape and murder of a 23-year-old medical student in the capital triggered laws to fight sexual violence, a horrific case in a remote part of central India is again sparking nationwide outrage, but activists say nothing has changed for women.

Two teenage cousins were gang-raped on Tuesday and their bodies were found hanging from a mango tree in Katra village in the northern state of Uttar Pradesh. Villagers found them Wednesday morning, hours after they had disappeared from fields near their

home, Atul Saxena, a senior police officer, told the Toronto Star.

The two girls, aged 14 and 15, had reportedly gone to the fields because there was no washroom in their home.

Saxena said the autopsy showed the girls had been raped and strangled before being hung. He said two police constables, ages 19 and 35, had been arrested and a hunt was on for three other suspects. The police constables have been

suspended, he said.

On Wednesday, there was tension in the village, which is about 300 kilometres from Lucknow, the capital of Uttar Pradesh. Angry villagers accused the police chief of ignoring a complaint by the girls' family on Tuesday night that the teenagers were missing.

Villagers did not let the police take down the bodies until the accused had been arrested. The chief has been suspended for not taking immediate action, said Saxena.

Following the December 2012 attack on a moving bus, there were protests, vigils and loud demands for stricter laws. The government tightened laws on sexual violence last year. But newspapers are still full of stories of sexual assault, the activists say.

TORSTAR NEWS SERVICE



Death toll rises as Ukraine fighting intensifies

A woman walks by coffins of pro-Russian gunmen killed in fighting with Ukrainian troops for control of the city's airport at a morgue in Donetsk, Ukraine, on Thursday. A rebel rocket attack brought down a military Mi-8 helicopter ferrying out troops, including a general, on the outskirts of Sloviansk, killing at least 12 people onboard.

VADIM GHIRDA/THE ASSOCIATED PRESS

METRO CUSTOM PUBLISHING

Fast, fresh and healthy

Panago serves up tasty, unique pizzas

Canada is a pizza-obsessed country, but Panago stands apart thanks to ITS fresh ingredients and innovative recipes, says Sukomol Das, owner of Panago at 4055 Albert St. The new location opened May 13, the third Panago in Regina.

"Everybody likes our crust because it's made fresh daily, it's not greasy or oily," he says. "They also like the uniqueness of our pizza. The bestsellers are ones like Chicken Club, Panago Classic, and Veggie Korma, which are all unique, you're not going to find them anywhere else."

Panago's ingredients have no artificial flavours or colours. It offers a gluten-smart crust, Daiya dairy-free cheese, fire-grilled wings and Cheezy Bread. Plus, its Health Check options make eating healthy easy and delicious.

On top of serving yummy meals, Panago also gives back to the community. Das says they support local fundraisers, give libraries pizza certificates as reading rewards, and supply sports teams with prizes for good sportsmanship.

"I'm a firm believer in being part of the



SHUTTERSTOCK

community," says Das, who is an active community member in Regina through his involvement with Mosaic, United Way, and JDRF.

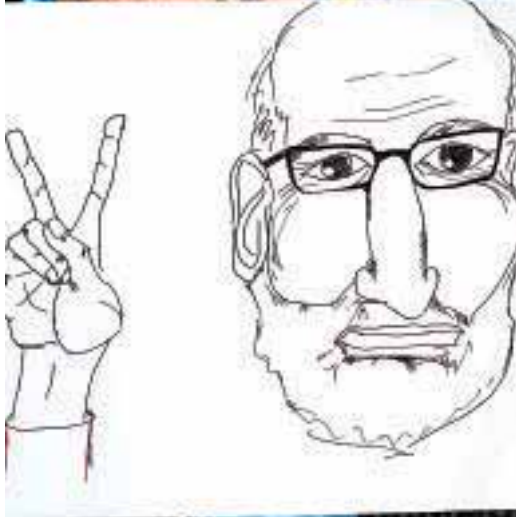
With more than 40 recipes, including classics, vegetarian options, and health-conscious choices, Panago is the perfect place when you are looking for a fast but fresh meal.

Now in your neighbourhood!

Panago. Share the love.

panago
310-0001

ORDER ONLINE PANAGO.COM 4055 Albert Street REGINA



Morgentaler: 1 year later

Protesters gather at Victoria Park on the one-year anniversary of the death of Dr. Henry Morgentaler in Halifax on Thursday, as they campaign for improved access to abortion in Canada.

ANDREW VAUGHAN/THE CANADIAN PRESS

Harper's \$3.5B pledge

New funds. PM says he plans to 'persuade and cajole' other countries to follow suit

The Conservative government pledged an additional \$3.5 billion over five years toward the prime minister's maternal, newborn and child health initiative, promising to "cajole" more from other countries.

Stephen Harper announced the new funds, for 2015 to 2020, at a Toronto-area primary school Thursday.

The commitment is slightly more than the \$3.25 billion that a coalition of aid groups had been requesting, and was widely lauded by development organizations and international figures attending the summit Harper is hosting this week.

The money builds on Harper's five-year, \$2.8-billion commitment to his so-called Muskoka Initiative, unveiled when Canada hosted the G8 summit in 2010.

Rosemary McCarney, a veteran Canadian aid worker



From left, Jakaya M. Kikwete, president of the United Republic of Tanzania, Queen Rania of Jordan, PM Stephen Harper, Melinda Gates and Laureen Harper pose for a photo with students in Toronto Thursday. NATHAN DENETTE/THE CANADIAN PRESS

who is one of the leaders of a 70-member coalition of aid groups, praised Harper for "a rolling, 10-year commitment, which is very rare in our world."

"We can actually produce real results when we've got time to get systems embedded in remote and rural communities," she added.

Harper said he planned to "persuade and cajole" other governments to follow Can-

ada's lead and pony up more funds. He said expanded funding would go toward immunization, nutrition and birth and death registration.

Dave Toyce, the head of World Vision Canada, said the commitment is significant because it will sustain momentum beyond 2015 on maternal and child health and keep it from being a flavour-of-the-month in the development world. **THE CANADIAN PRESS**

Criticism

Conference lacks diverse voices, prof says

Stephen Brown, a political science professor who specializes in foreign aid, was highly critical of Harper's approach, though he said the funds are going to a worthy cause.

With the government continuing to cut foreign-aid spending, this new commitment will only reduce what Canada can do in other areas, he said.

"We're focusing on symptoms and we're abandoning the underlying causes, which are poverty and inequality," Brown said, adding the government excluded from the conferences anyone who might be critical of its policies. **THE CANADIAN PRESS**



ZOMBIE OBSTACLE CHALLENGE II
THE HORDE SURVIVED
WILL YOU?
REGISTER NOW
WWW.ZOCREGINA.COM
09 / 27 / 2014



FCB enterprises

306-527-3527
fcbcenter@gmail.com

Fencing ~ Wood
~ Metal
~ PVC
Concrete ~ Sidewalks
~ Pads
Building ~ Garages
~ Sheds

We also do:
Exterior Renos - including Vinyl Siding
Custom Decks



Quality Workmanship
- Always

Book Now!

UKRAINIAN CO-OP

PORK BACK RIBS
PLAIN OR SEASONED

REG. \$6/LB. **\$4.50/LB.**

BONELESS RIB-EYE
PLAIN OR SEASONED

REG. \$13.50/LB. **\$11.50/LB.**

BONELESS SKINLESS CHICKEN BREAST
PLAIN OR SEASONED REG. \$7.50/LB. **\$5/LB.**

PORK CUTLETS

PLAIN, SEASONED OR IN STORE BREADED
REG. \$6.50/LB. **\$4.50/LB.**

10% OFF INSTORE MADE SHISHLIKI
PORK, CHICKEN AND LAMB

UKRAINIAN CO-OP

1805 Winnipeg Street 306-569-9510

Dre's style the apple of tech companies' eye

Biting into Beats. Gadget giants look to Dr. Dre and Jimmy Iovine on getting to core of what makes wearables functional and fashionable

Fashion + accessory

"I guess they are accessories, but I would not say they are high fashion."

Alison Minton, a blogger who writes about accessories, jewelry and handbags on accessorygeneration.com

Beats Electronics' colourful, oversized headphones serve as a fashion accessory to cool kids riding the New York City subway, but as tech companies such as Apple, Samsung and others are discovering, wearable gadgets like smartwatches and Google Glass still have a long way to go to become trendy, must-have consumer items.

Apple's \$3-billion US purchase of Beats Electronics, by far the company's largest acquisition, is at least in part recognition that Beats founders Dr. Dre and Jimmy Iovine might

be able to help Apple incorporate more style and flair into its premium technology gadgets, especially a coming wave of wearable devices.

Technology companies see wearables as an important area of growth beyond smartphones and tablets, and many are slowly realizing that if they expect people to wear gadgets — be they bracelets to monitor fitness activity, smartwatches to substitute smartphones or Internet-connected goggles — those devices must focus as much on form as function.

THE ASSOCIATED PRESS



Canadian clothier goes global

A shopper rides an escalator to Joe Fresh in the former Maple Leaf Gardens in Toronto on Thursday. The Canadian clothing brand is betting that affordable fashion is a concept that knows no borders as it opens a location in South Korea this weekend — its first store outside North America. **DARREN CALABRESE/THE CANADIAN PRESS**

Google. Silicon Valley co. with the rainbow logo has mostly white, male staff

Google has had more trouble diversifying its workforce than its computer scientists have had writing programs that respond to search requests in the blink of an eye or designing cars that can navigate traffic without a human behind the wheel.

That seemed to be the conclusion when the Silicon Valley, Calif., giant this week issued a gender and

ethnic breakdown of its workforce that showed that of its 26,600 U.S. employees, 61 per cent are white, 30 per cent Asian, three per cent Hispanic and two per cent black. Thirty per cent of its employees are women.

"Google is miles from where we want to be," said Laszlo Bock, head of personnel at Google.

THE ASSOCIATED PRESS

Cooler heads prevailed. Sriracha hot sauce factory no longer public nuisance

The fiery fight is apparently over between the makers of a popular hot sauce and a small Southern California city that said its factory's smells were unbearable.

The Irwindale City Council voted Wednesday night to drop a public nuisance declaration and lawsuit against Huy Fong Foods, makers of Sriracha hot sauce. The dual moves brought an effective

end to the spicy-air dispute that had Sriracha devotees worried about future sauce shortages and had suitors including the state of Texas offering Huy Fong a friendlier home.

The closed-session council vote was unanimous with one councilman abstaining due to a conflict of interest, the San Gabriel Valley Tribune reported. **THE ASSOCIATED PRESS**

Largest company yet

Dish Network to accept bitcoin

Dish Network Corp. says it will become the largest company yet to accept payment in bitcoin.

The satellite TV company says it will begin accepting the digital coins through payment processor Coinbase by September. Coinbase will instantly convert the bitcoins into cash, eliminating the risk of price fluctuations to Dish.

Dish's chief operating officer, Bernie Han, says the idea came from company employees who had become avid bitcoin users.

THE ASSOCIATED PRESS

Ex-prime minister

Brian Mulroney set to be named Quebecor chair

Former prime minister Brian Mulroney is set to become chairman of media and telecom company Quebecor in a show of stability following the recent departure of its chief executive, Pierre Karl Peladeau, and the launch of the controlling shareholder's political career as an avowed separatist.

Mulroney, who has been vice-chairman, is expected to be elected chairman on June 19 when Quebecor holds its annual meeting. **THE CANADIAN PRESS**

Market Minute

DOLLAR
92.28¢
(+0.33¢)

TSX
14,588.95 (-22.01)

OIL
\$103.58 US (+\$0.86)

Natural gas: \$4.58 US (-\$0.03)
Dow Jones: 16,698.74 (+65.56)

GOLD
\$1,257.10 US (-\$2.60)

Your Premiere Awards Centre

Quality you can count on since 1977

Bazaar & Novelty
REGINA

Huge Selection Of Customizable Promotional Products for Corporate, Academic And Sports Teams:
Trophies, Medals, Awards, Gifts, Apparel And Uniforms!

Embroidery • Silk Screening • Engraving
Photo Imaging and more...

2424 Dewdney Avenue

306.525.3541 • Fax 306.781.7160

TOLL FREE 1.800.463.3541 • bazaar.novelty@myaccess.ca

HomeTech
Small Appliance
Service Ltd.

Dough Enhancer

ADDED TO ANY DOUGH RECIPE, THIS PRODUCT CREATES A LIGHTER, FLUFFIER DOUGH, ENHANCES ITS NATURAL FLAVOUR AND GIVES YOUR DOUGH A SOFTER TEXTURE AND LONGER SHELF LIFE. EASY TO USE! DOES NOT CONTAIN GLUTEN.

REGULAR PRICE \$13.99
ONLY **\$9.99** WITH THIS COUPON!

Coupon expires July 15, 2014.



Homotech BOSCH Small Appliances
866 Victoria Ave E (North Service Road)
306.352.4030 www.hometechcanada.ca
BOSCH BAMIX BUNN KITCHENAID VITAMIX & MORE

NOW OPEN!

ABSOLUTE CASH SMOKE SHOP

Large selection of rolling papers
Sisha and Hookah pipes • E cigarettes

Like us on Facebook for exclusive discounts and promotions.



ABSOLUTE CASH®
2916 Dewdney Ave, Regina
306.352.2071
www.absolutecash.com

OPEN 7 DAYS A WEEK

SIGNS

Trade Show Material
Pop-up Displays
Banners • Posters • Decals

futurePrint

306-757-8989
www.futureprint.ca

1650 Saskatchewan Dr. (Across from the Police Station)

CHASTE BANK OF AMERICA

1 Casting stones. This week's most illuminating tale is that of the saintly paragons of morality at Chaste Bank of America. Pardon me. CHASE Bank. I never get that right. Anyway, the virtuous crusaders have put their feet piously down on holy ground and courageously shut down the personal bank accounts of adult entertainers. Bravo to this bastion of righteousness for standing high above the rest. Management has yet to officially outline the crackdown criteria, but there's probably nothing to worry about unless you've ever done anything that anyone you've never met thinks is wrong.

2 High aspirations. Former B.C. premier Mike Harcourt is turning over a new leaf. And rolling it into a joint. As chair of the new medical marijuana company True Leaf Medicine Inc., Harcourt believes he can help people cope with pain. The enterprise has applied for a grow licence and will research different strains of cannabis to address various conditions. Despite the tour de force, this politician will still



THE METRO LIST

Mike Benhaim

metronews.ca

is still #DonaldSterling.

5 Unnatural causes? Word of the week is #TechNeck, which happens when we spend too much time looking down at smartphones. Elle magazine blew the lid off this scientific scoop warning of dire consequences like wrin-

not admit to ever having inhaled himself.

3 Kim Kan. Kan Kanye? Kim Kardashian and Kanye West legitimized their blessed union in lavish fashion last weekend. Kim looked resplendent in her Givenchy dress, which defied critique but for the purity of its white. Ceremony and reception were held in two separate European countries, reminiscent of my own wedding, which took place in two separate rooms, but hey, that's just how I roll. Mazel tov, Kimye.

4 The defence rests. The Indiana Pacers live to fight another day after holding LeBron James to just seven points in Game 5 of the NBA Eastern Conference finals. But the top trending subject in basketball

kles, double chins and loose skin. Unless, of course, you already have these things, in which case, text away.

6 22? Me too! Census Bureau Information revealed that for the first time since 1947, baby boomers are not the majority generation. Apparently, there are now more 22-year-olds than any other age, which explains a lot, but also makes me really wonder, "What the hell was I doing in 1992?"

7 Out of the Blue. Memorial Day turned musical with the renaming of a New York street in honour of jazz legend Miles Davis. On what would have been the trumpet maven's 88th birthday, a stretch of the Upper West Side newly entitled Miles Davis Way further immortalized the bebop bandleader, and forever became a destination for transcendental grooviness. Can you dig it?

8 Travelling Shoes. America mourns the loss of a poet, author and civil-rights activist in the incomparable Maya Angelou. She was 86 and bequeathed her repertoire of words to the world. I leave you with Angelou's line in Tyler Perry's Madea's Family Reunion: "Love is many things. It's varied. One thing it is not, and can never be, is unsure." #RIP

ZOOM

Saving grace in Cracolandia



A woman, left, stands as she sings with members of the Paz e Vida church as other drug users gather in a Cracolandia in a northern slum of Rio de Janeiro, Brazil. FELIPE DANA/THE ASSOCIATED PRESS FILE

Preachers minister to addicts in Brazil's 'cracklands'

Dressed immaculately, the evangelical preachers head out to work when night falls. They journey through the gloom into the "cracklands" where addicts consume crack cocaine in open-air dens.

After midnight, hundreds of grime-covered addicts lie on the sidewalks of the Jacarezinho slum. They focus on little more than the next fix, on finding a lighter to put flame to pipe. THE ASSOCIATED PRESS

What the tourists in Rio won't see

This horror scene, well hidden from the eyes of tourists heading to Rio for the World Cup, is one some of the preachers know well.

Not long ago, many were addicts themselves. Now they're here to preach the Gospels. They talk of God to those who will listen, hoping to find converts, to rescue souls from the crack epidemic that's swept Brazil in recent years. Pastor Celio Ricardo says he has had hit-and-miss success in persuading users to at least try quitting. THE ASSOCIATED PRESS

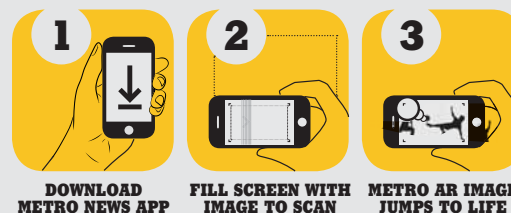
Feeding body before soul

"At first they need to rest because this drug leaves them hallucinated.... They lose hunger, they lose the will to live. They want to drug themselves to death, and here we try to reverse that situation."

Pastor Celio Ricardo, who says the first challenge is taking care of the physical needs of addicts — only then can they go on to tackle spiritual issues.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on page 11 in Scene and page 18 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

Part man, part owl, all viral terror



ANDREW FIEFELD
metronews.ca

The Lord of Tears is a 2013 Scottish horror film starring Owl Man, an avian take on Slender Man, with a distinct interest in a schoolteacher.

So what do people tasked with promoting a movie armed with a ghastly villain do? They take it viral, of course, beginning with spooking bored browsers on Chatroulette. That's cool, I guess.

However, lurking in the shadows is England's abandoned St. Mary's Children's Hospital to terrorize amateur photographers?



That's terrific stuff. Or fake stuff, perhaps. Note: Obviously, there's some salty language involved. (LordofTearsMovie/YouTube)

Death by a million tired gags

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Jokes not as wild as the West in MacFarlane's latest film. CONTRIBUTED

Synopsis

Set in Arizona's wild west, MacFarlane is Albert, a mild-mannered sheep farmer who hates the frontier. "It's a disgusting dirty place," he says, "a cesspool of despair." The despair of his day-to-day life is compounded when his girlfriend, Louise (Amanda Seyfried), dumps him and takes up with a wealthy owner of a moustache grooming shop (Neil Patrick Harris). He finds love again with a mysterious stranger Anna (Charlize Theron), who helps him cope with dangerous frontier life and grow a backbone. His newfound courage is tested when Anna's husband, outlaw Clinch (Liam Neeson) rides into town. Steve Gow sits in for Mark Breslin this week.

- Richard: ●●●●●
- Steve: ●●●●●

Not quite cringeworthy. MacFarlane disappoints with mostly safe jokes

Richard: Steve, I laughed at *A Million Ways to Die in the West*, but strangely enough, I was hoping to be more offended by it. Each week on his show *Family Guy*, Seth MacFarlane manages at least one joke that makes me cringe. I expected him to push the envelope even further for the big screen. Sure there are some wild and crazy jokes here, but they're

at the level of Judd Apatow, not MacFarlane. Was it outrageous enough for you?

Steve: It is outrageous, but the brazenness in MacFarlane's big-screen sophomore effort is buried beneath more juvenile gags involving bodily gasses than the off-kilter comedy his show or *Ted* succeeds with. Perhaps by covering off all areas of writing, directing and then hiring himself as the lead, MacFarlane suffers from an inability to self-edit. Speaking of, what do you think of MacFarlane as leading man?

RC: I do find him funny, but I can't help but hear Peter Griffin in his voice and I find that

distracting. His part is basically one joke. He's the fish out of water who speaks like a 21st century smart aleck. For instance, as people around him are killed in increasingly wild ways — hence the movie's title — he observes, "We should all just wear coffins for clothes." It's a good line, but his overall performance is more Bob Hope than John Wayne.

SG: It's true but, in this, MacFarlane seems to think his gags are more brilliant than they actually are — as if audiences haven't seen an explosive diarrhea gag before. That said, when he pushes social mores, he goes for the jugular focusing most notably on his-

toric racism. It comes off for some uneven narrative. It's a good thing he surrounds himself with a solid supporting cast.

RC: Comparisons to *Blazing Saddles* are inevitable. Both movies have social commentary mixed with cringeworthy gags — some may literally make you gag — but *A Million Ways to Die in the West* doesn't have the satiric subtext that made Mel Brooks' movie great. MacFarlane relies on anachronisms and shock-value jokes to raise a smile, and spends too much time on the love story. Brooks went for the jugular, and 40 years on it's still funny and edgy. *A Million Ways to Die*

does have at least one classic moment that will appeal to everyone over age 30 and the most undignified duel ever, but it doesn't have much resonance.

SG: It doesn't have much heart, either. Although Charlize Theron does a stalwart job playing the romantic interest against MacFarlane's spineless pessimist, the filmmaker's ceaseless determination for punchlines only undermines the film's attempt at circling back to an earnest love story. In that respect, it lies as lifeless as the film's many, many corpses. And that includes the western town's unnoticed, three-day dead mayor.

2 SCENE

BOMBAY
Indian/Pakistani Restaurant
UNDER NEW MANAGEMENT
NOW LICENSED
East Indian Halal Restaurant
Regina's Largest Selection
of Authentic Indian Cuisine!
2143 Albert Street • 306.205.4940 • www.bombayrestaurant.ca

YOUR ONE STOP BATTERY SOURCE
PRAIRIE BATTERY
1-800-615-1116
www.prairiebattery.ca
All Motorcycle & ATV
ON SALE NOW!!
See in store for Details
646 Henderson Drive • 306-761-1688 • Prairiebattery.ca

bead plus
... MORE than just a bead store ...
10th Anniversary Sale!
One Day only - June 21st
up to **40% off** specially
marked items
3806 Albert St • **306-757-2323**

Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com.

Ratings: Certified Fresh: Fresh: Rotten: Audience response: Audience anticipation for the film:

Sci-Fi & Fantasy



Maleficent

Director. Robert Stromberg

Stars. Angelina Jolie

Maleficent explores the untold story of Disney's most iconic villain from the classic Sleeping Beauty and the elements of her betrayal that ultimately turn her pure heart to stone. Driven by revenge and a fierce desire to protect the moors over which she presides, Maleficent cruelly places an irrevocable curse upon the human king's newborn infant Aurora.

Rotten Tomatoes™ score

Critics: 52% Audience: 98%

Drama/Comedy



Million Dollar Arm

Director. Craig Gillespie

Stars. Jon Hamm, Suraj Sharma

Million Dollar Arm follows J.B. Bernstein, a once-successful sports agent who now finds himself edged out by bigger, slicker competitors. He and his partner Aash (Aasif Mandvi) will have to close their business if J.B. doesn't come up with something fast.

Rotten Tomatoes™ score

Critics: 64% Audience: 92%

Comedy



The Grand Seduction

Director. Don McKellar

Stars. Brendan Gleeson, Gordon Pinsent

A small fishing village must procure a local doctor to secure a lucrative business contract. When unlikely candidate and big city doctor Paul Lewis lands in their lap for a trial residence, the townsfolk rally together to charm him into staying.

Rotten Tomatoes™ score

Critics: 56% Audience: 71%

Southland Mall
3025 Gordon Rd.

The Amazing Spider-Man 2 (PG) Fri 7-10:10
Sat-Sun 12:35-3:50-7-10:10 Mon-Tue 5:40-8:20 Wed 1:40-5:40-8:20 Thu 5:40-8:20
Godzilla (PG) Sat-Sun 12:45-3:45
Godzilla 3D (PG) Fri-Sun 6:45-9:50 Mon-Tue 5:25-8:25 Wed 1:40-5:25-8:25 Thu 5:25-8:25
Maleficent 3D (PG) No Passes Fri 7:45-10:15 No Passes Sat-Sun 12-2:35-5:10-7:45-10:15 No Passes Mon-Tue 5:50-8:15 No Passes Wed 1:50-5:50-8:15 No Passes Thu 5:50-8:15
Million Dollar Arm (G) Fri 7:10-10 Sat-Sun 1:20-4:20-7:10-10 Mon-Thu 5:35-8:40 Star & Strollers Screening Wed 1:30
A Million Ways to Die in the West (14A) No Passes Fri 6:55-9:45 No Passes Sat-Sun 1:10-4-6:55-9:45 No Passes Mon-Tue 5:55-8:45 No Passes Wed 2-5:55-8:45 No Passes Thu 5:55-8:45
Neighbors (18A) Fri 7:35-10:05 Sat-Sun 12:20-2:45-5:05-7:35-10:05 Mon-Tue 6-8:50 Wed 2-6-8:50 Thu 6-8:50
The Other Woman (PG) Fri 7:25-10 Sat-Sun 1:35-4:30-7:25-10 Mon-Thu 5:45-8:35 Star & Strollers Screening Wed 1:30
Rio 2 (G) Fri 7:50-10:20 Sat-Sun 12:10-2:40-5:20-7:50-10:20 Mon-Tue 5:30-8:10 Wed 2:10-5:30-8:10 Thu 5:30-8:10
X-Men: Days of Future Past (PG) No Passes Sat-Sun 12:25
X-Men: Days of Future Past 3D (PG) No Passes Fri 6:35-7:15-9:40-10:20 No Passes Sat-Sun 1-3:30-4:10-6:35-7:15-9:40-10:20 No Passes Mon-Tue 5:20-7:30-8:30 No Passes Wed 1:50-2:10-5:20-7:30-8:30 No Passes Thu 5:20-7:30-8:30

Galaxy Cinemas
Normanview S.C.

420 McCarthy Blvd. N. Unit
Blended (PG) Fri 4:55-7:40-10:30 Sat 11:20-2:10-4:55-7:40-10:30 Sun 1:40-4:40-7:35-

10:10 Mon 7:35-10:10 Tue 4:50-7:35-10:10 Wed-Thu 7:35-10:10
Driving Miss Daisy: The Play (STC) Wed 7
Edge of Tomorrow (PG) No Passes Thu 9:30
Godzilla (PG) Fri 4:40 Sun 12:05-3 Tue 4:10
Godzilla 3D (PG) Fri-Sat 7:30-10:25 Sun 6:40-9:50 Mon 10 Tue 7-9:50 Wed 7-10 Thu 6:40 The Grand Seduction (PG) Fri 4:15-7:15-10 Sat-Sun 1:25-4:15-7:15-10 Mon 7:15-10:10 Tue 4:30-7:15-10:10 Wed-Thu 7:15-10:10 Led Zeppelin "Celebration" Day Encore (STC) Mon 7:30
Madagascar 2 (G) Sat 11
Maleficent (PG) No Passes Fri 4:10-6:45-9:15 No Passes Sat 11:05-1:40-4:10-6:45-9:15 No Passes Sun 1:35-4:10-6:45-9:15 No Passes Mon 6:45-9:15 No Passes Tue 4:25-6:45-9:15 No Passes Wed-Thu 6:45-9:15
Maleficent 3D (PG) No Passes Fri 5:10-7:45-10:15 No Passes Sat-Sun 12-2:35-5:10-7:45-10:15 No Passes Mon 7:30-10 No Passes Tue 5-7:30-10 No Passes Wed-Thu 7:30-10
A Million Ways to Die in the West (14A) No Passes Fri 4:20-5:15-7:05-8-9:50-10:35 No Passes Sat 10:55-11:45-1:35-2:30-4:20-5:15-7:05-8-9:50-10:35 No Passes Sun 12:30-1:50-3:20-4:35-7:20-7:30-9:50-10:15 No Passes Mon 7:05-7:20-9:50-10:15 No Passes Tue 4:20-4:40-7:05-7:20-9:50-10:15 No Passes Wed-Thu 7:05-7:20-9:50-10:15
National Theatre: King Lear - Encore (STC) Sat 12:55
Neighbors (18A) Fri 4:35-7-9:30 Sat 11:15-1:50-4:35-7-9:30 Sun 12:15-2:40-5:05-10:20 Mon 7:45-10:20 Tue 5:20-7:45-10:20 Wed-Thu 10:20
The Night Before Our Stars (STC) No Passes Thu 6:30
WWE Payback (STC) Sun 6
X-Men: Days of Future Past (PG) No Passes Sat 1:20 No Passes Sun 1
X-Men: Days of Future Past 3D (PG) No Passes Fri 6:50-9:55 No Passes Sat 12:20-3:25-6:50-9:55 No Passes Sun 12:45-3:55-6:50-9:55

No Passes Mon-Thu 6:50-9:55 No Passes Fri-Sat 4:25-7:25-10:25 No Passes Sun 4-7-10:05 No Passes Mon 7:10-10:05 No Passes Tue 4:15-7:10-10:05 No Passes Wed-Thu 7:10-10:05

Kramer IMAX Theatre, 2903
Powerhouse Dr.

Flight of the Butterflies 3D (STC) Fri 11-2:15-4:45-7:30 Sat-Sun 2:15-4:50-7:30 Mon 1-3:30 Tue 1 Wed 1-3:30-6:15 Thu 1-3:30-7:30 Island of Lemurs: Madagascar (G) Fri-Sun 1-3:30-6:15 Mon-Tue 11-2:15-4:45 Wed 11-2:15-4:45-7:30 Thu 11-2:15-4:45-6:15 Kenya 3D: Animal Kingdom (STC) Thu 1-3:30-7:30

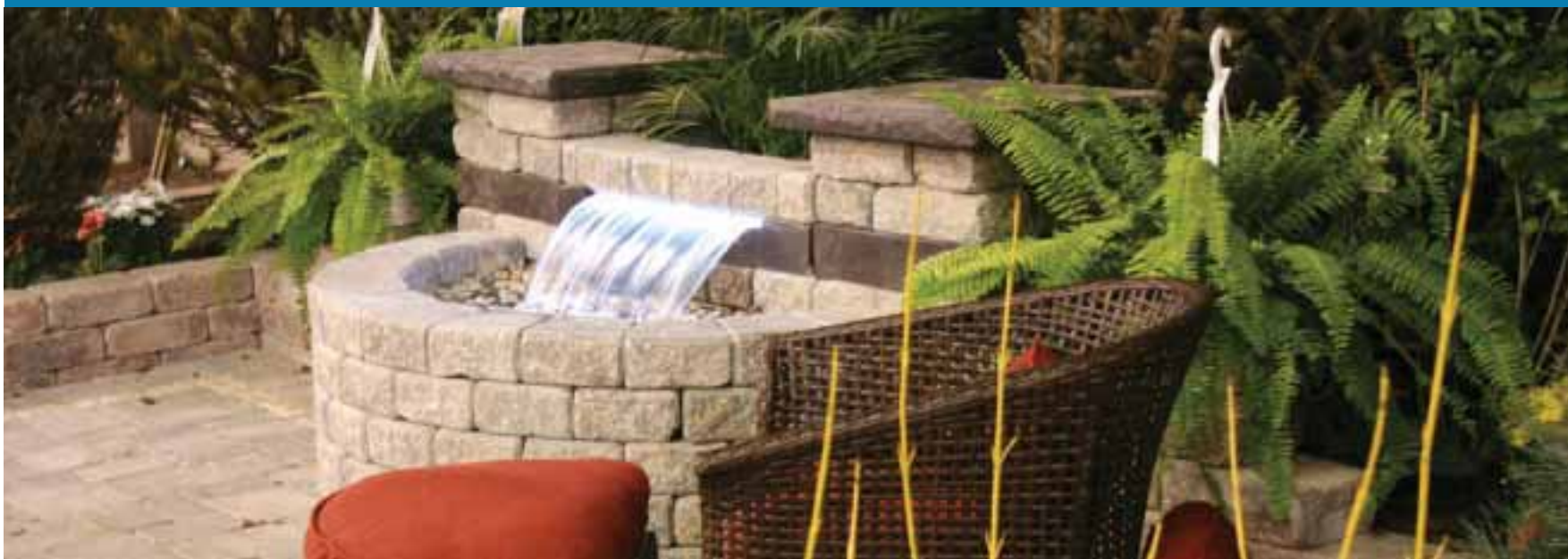
Golden Mile
3806 Albert St.

Cas & Dylan (PG) Fri-Thu 1:15-6:35
Divergent (PG) Fri-Thu 1:20-7:20
Draft Day (PG) Fri-Thu 1:25-4:10-6:55-9:30
The Grand Budapest Hotel (14A) Fri-Thu 1:35-4:10-6:35-9:15
Heaven Is for Real (G) Fri-Thu 1:10-3:50-7:9:20 Joe (18A) Fri-Thu 3:45-9:25
The LEGO Movie (G) Fri-Thu 1:30-4:05-6:50-9:15
Moms' Night Out (PG) Fri-Thu 1:20-3:45-6:45-9:25
Muppets Most Wanted (G) Fri-Thu 1:10-4:40-7:10
Noah (STC) Fri-Thu 7:10

Regina Public Library Film
Theatre, 23 11 12th Ave.

The Best of the Golden Sheaf Awards (STC) Mon 7
Ida (STC) Wed 7
The Last Sentence (STC) Wed 9
Mistaken for Strangers (STC) Fri 7 Sat 9 Sun 7
Only Lovers Left Alive (PG) Fri 9 Sat 7 Sun 9
Ruby Sparks (PG) Tue 7

"WALLS AND FLOORS FOR YOUR OUTDOORS"
paving stones • retaining walls • architectural slabs



VISIT OUR SHOWROOM AT 1515 TORONTO ST., REGINA
306.789.2043 www.djpavingstones.com

METRO DISH

OUR TAKE ON
THE WORLD OF
CELEBRITIES

The Word

Tarantino and Thurman?

MELINDA
TAUB

Metro World News

Love is in the air for the Bride: Uma Thurman and Quentin Tarantino are reportedly seeing each other.

Thurman, 44, broke up with her fiancé Arpad Busson last month. Since then, she and Tarantino, who has directed her in numerous films, have begun seeing each other, says *Us Weekly*. They were extremely cosy on the red carpet for *Clouds of Sils Maria* at Cannes.

Thurman and Tarantino have worked together for 20 years and have always had a close relationship. Though they've been linked to others for much of that time — in addition to her long, on-and-off engagement to Busson, Thurman was married to Ethan Hawke for six years — this isn't the first time their relationship has strayed from being purely professional.

So is it serious? Sources say that Tarantino, at least, has strong feelings for the woman he's called his muse. "He's loved her for years," an insider says.



Angelina Jolie and Brad Pitt arrive at the world premiere of *Maleficent* in Los Angeles. JOHN SHEARER/INVISION/THE ASSOCIATED PRESS

Ukrainian TV host arrested after pulling yet another not-so-funny celeb 'prank'

Angelina Jolie wasn't the only villain at the premiere of *Maleficent* on Wednesday: A dude came up to Brad Pitt and hit him for no reason.

Vitalii Sediuk, a Ukrainian TV presenter, vaulted over the security barrier at the *Maleficent* premiere and struck Pitt, according to *Variety*. Security quickly subdued Sediuk and held him until the LAPD arrived to arrest him. He's been arrested on suspicion of misdemeanor battery. He is being held on \$20,000 US bail.

This is not the first time

that Sediuk has pulled one of his "pranks," which aren't particularly funny and seem more like run-of-the-mill harassment. Just a few weeks ago, he crashed the red carpet at the Cannes Film Festival and stuck his head under America Ferrera's dress. He's also tried to kiss Will Smith on the mouth and groped Leonardo DiCaprio and Bradley Cooper at other red carpet events. He even managed to be onstage at the Grammys this year when Adele accepted one of her awards.



In this series of photos, actor Will Smith reacts after Ukrainian TV reporter Vitalii Sediuk tried to kiss him at a May 2012 premiere of *Men in Black III* in Moscow. VIDEO STILL FROM THE ASSOCIATED PRESS

NEED A RIDE?

Read
metro^{drive}
every
Wednesday.

The True Mark

Read 3X:

JOHN chapters 1-21^{FSH}



metro^{globe}

THE HANDY POCKET VERSION!

Get the news as it happens

You love it in the morning. Now there's nothing stopping you from enjoying it throughout the day. Download our new mobile app for all of the latest news where and when you want it. Plus, the latest version even includes a cool augmented reality feature that brings stories to life right on your screen!



Download the Metro
News App today at
metronews.ca/mobile

HEALTHY INVESTMENTS

ORGANIC FOODS HAVE BASKET OF BENEFITS

Some people choose organic food because they say it tastes better, but, of course, there

are a whole basket of benefits, says Michelle W. Book, holistic nutritionist with the Canadian Health Food Association (CHFA).

"You're investing in your health but also in environmental sustainability and animal welfare."

According to Ashley St Hilaire, acting executive director, Canadian Organic Growers, organic standards place limits and prohibitions on use of pesticides and genetically modified organisms (GMOs), antibiotics, synthetic hormones and sewage sludge.

"Buying organic reduces exposure to those types of things."

The Canadian Food Inspection Agency oversees the regulation of organic products. A "Canadian Organic" label on food means it is 95 per cent or more organic, while the "USDA Organic" logo means it is 75 to 95 per cent organic. There are about 3,732 certified organic farmers in Canada, St Hilaire says.



SHUTTERSTOCK

"They go into this because they want to farm their land sustainably so they can use it for generations to come."

While organic foods are widely available in grocery and health food stores, they are an important part of the local food movement, too, and at this time of year that means farm-

ers' markets. As well as getting good food locally, there is a whole entertainment value of going to farmers' markets, says Rebecca LeHeup, executive director, Ontario Culinary Tourism Alliance.

"It's where you can connect with the local community and get that 'taste of place.'"

Let Body Fuel Organics DELIVER FRESH ORGANIC GROCERIES TO YOUR DOOR!

**NOW OPEN 7
DAYS A WEEK!**



**SAVE 10% ON
YOUR 1st ORDER IN
STORE, OR ONLINE
ENTER COUPON
CODE: AF4798G55C
AT CHECKOUT!**

**Free Delivery on
orders over \$100**

body fuel
ORGANICS

- We stock fresh organic produce, meat, dairy, natural, and gluten-free options.
- Alkaline water U-fill station in store!



**WE SUPPORT
LOCAL FARMERS**

We are a full service organic grocery store with **Regina's only online delivery service.** Visit us at our store location or online at www.bodyfuelorganics.ca

Mon, Tues, Fri 10-6 | Wed, Thurs 10-8 | Sat & Sun 10-4 • 1307A Ottawa St.
306.352.FUEL (3835) | www.bodyfuelorganics.ca



Body Fuel Organics meets customer needs

Convenient in-store or online shopping

Eating healthy and getting quality food doesn't have to be difficult, especially when Body Fuel Organics can deliver healthy alternatives right to your front door.

"What we strive to do is get quality organic products into the hands of people in a convenient way," says Lana Van Dijk, Body Fuel Organic's owner and CEO.

Body Fuel Organics offers seven-day-a-week shopping in a physical location, but the true convenience comes from online ordering at bodyfuelorganics.ca, where you can purchase an organic fruit and vegetable bin of pre-selected items, or create your own bin, and have it delivered to your door (bins can also be picked up on-site).

"We offer a wide selection of nature's super foods and whenever and wherever possible, if in season, we'll get local items," she says, adding that she works with local produce, meat, and grocery suppliers. "We can turn over produce really quickly so you're getting the freshest food possible."

The company was born in Van Dijk's basement as a response to her search to help meet her daughter's nutritional needs. It



SHUTTERSTOCK

has grown to more than 300 customers on a weekly basis.

"I believe that our costs are lower than what people perceive organic costs are," she says. "Because we order to meet customer's needs and offer bin service, it eliminates much of the waste, which is another part of our sustainability efforts."



SHUTTERSTOCK

Helping the downtown grow

Regina Farmer's Market showcases the area's vibrancy

There is a vital core in Regina's downtown and the presence of the Regina Farmer's Market (RFM) only serves to help that vitality grow.

"From the beginning we've had a strong partnership with the Regina Farmer's Market," says Leasa Gibbons, the manager of marketing and communications for the Regina Downtown Business Improvement District (BID). "It becomes our grocery store twice a week."

The BID also partners with the RFM on night markets — events that run from 4-9 p.m. — by providing live entertainment. People can take part in the yoga party hosted by Bodhi Tree and a local DJ, or stay and enjoy a movie in Victoria Park after the market.

The goal of these events is, in part, to showcase the vibrancy of the downtown area and complement the existing businesses.

"People love market days and all the businesses get excited about it," Gibbons says. "It's part of what makes the downtown special."

It's also helping to bring a broad demographic to the downtown area.

"The market crowd has changed over the years, it used to be the older generation," she says. "And while they're still well repre-

VISIT MARKET UNDER THE STARS

The Regina Downtown Business Improvement District will be partnering with the Regina Farmer's Market to present Market Under The Stars this summer from 4-9 p.m. Night market dates are scheduled for June 25, July 16, July 30, Aug. 13 and Aug. 27.

For more information, visit reginafarmersmarket.ca or reginadowntown.ca.

sented, we're seeing a lot of young families, business professionals, and people going out on dates."

There are exciting opportunities for growth, and Gibbons says they are hoping the market can eventually transition to a year-round opportunity. However, that requires a less transient status.

"We've had conversations and we're hopeful that we can find the market a permanent home downtown," Gibbons says.

There are multiple reasons why that's an attractive prospect. The market increases the number and diversity of people downtown, it gives local proprietors a chance to showcase their wares, and it simply amplifies the heartbeat of Regina's downtown.

"We can see the difference in the number of people who are walking along the street on market days," Gibbons says.

"It's a nice way to get people who wouldn't normally partake in these things to come down and try them out."

Get Fresh Downtown!

Regina
Farmers'
Market



CINEMA
UNDER THE STARS
STARTS JULY 2ND

SUMMER
CONCERT SERIES
STARTS JUNE 26TH

FOLLOW US ONLINE TO
KEEP UP TO DATE ON
ALL OUR EVENTS AND
ACTIVITIES!

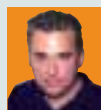


(306) 359-7541

1122 Scarth St., 2nd Floor
www.reginadowntown.ca



Liquid Assets

Union made in
BBQ heaven**LIQUID ASSETS**
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca
Facebook: therealwineguy

While we here in Canada may see barbecuing as a seasonal kind of thing, those countries lucky enough to have a more forgiving climate consider the grill their primary cooking surface.

In South Africa the barbecue is so highly revered, the population voted to add braai (the Afrikaans word for it) to the name of their national holiday. Argentines are no slouches when it comes to al fresco meal creation, either, calling both their grilling artistry, and the party that follows, asado. With barbecue the national dish in Argentina, the country's wines, especially those made from the malbec grape, show a slant towards a harmonious union with red meats.

Though malbec traces its roots back to the southwest of France, it's Argentina that's really run with the berry. Showing a balance

of the grape's black fruit with pepper spice and bright acidity, Trapiche's 2011 Broquel Malbec (\$14.95 - \$17.99) makes a fine grilled meat mate, especially if you have a heavy hand when it comes to barbecue sauce.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



Annabel Langbein, who brings good food into today's fast-paced world, shows us a veg-filled phyllo dough recipe that will satisfy even the most staunch meat lovers from her book *The Free Range Cook*



Clash of the textures: Silver Beet, Feta and Pine Nut Roll

**THE FREE RANGE COOK**
Annabel Langbein
gustotv.com

1. Preheat oven to 180 C. Trim half of the white stalks from the silver beet and discard them. Wash, dry and chop the leaves and the rest of the stalks.

2. Heat the butter in a medium pot and cook the onion over a low heat until it is soft but not browned — about 5 minutes. Add silver beet and cook until the water from the leaves evaporates, leaving the pan dry. Removing the moisture from the silver beet in this way helps to stop the pie going soggy.

3. Remove the pot from the heat and mix in the ricotta, feta, Parmesan, coriander, nutmeg, lemon zest and pine nuts. Season to taste with salt and pepper. Stir in the egg.

4. Place a sheet of phyllo pastry on the bench. Brush it with melted butter or spray

it liberally with oil. Place a second sheet on top and brush it with butter or spray it with oil. Repeat to form a stack of 8 pastry sheets. The phyllo dries out quickly so you will need to work fast. Cover the unused phyllo with a damp tea towel while you work.

5. Form the silver beet mixture into a sausage shape along the longest edge of the pastry, leaving a 3-cm border at the sides.

6. Turn in the sides of the pastry like an envelope and roll it up gently and loosely to fully enclose the filling, forming a log shape. If you roll it too tight it will split. Transfer the log to a baking tray, brush the top with butter and bake until it is golden and crisp — about 40 minutes.

WATCH ANNABEL LANGBEIN FREE RANGE COOK MONDAY TO THURSDAY AT 5:30 P.M. EST, STARTING APRIL 28 ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINEUP AND MORE GREAT RECIPE IDEAS.

Ingredients

- 250 g silverbeet or spinach
- 2 tbsp butter
- 1 large onion, finely chopped
- 1 cup ricotta
- 3/4 cup feta, crumbled
- 1/2 cup grated Parmesan
- 1/4 cup chopped coriander
- 1/2 tsp ground nutmeg
- finely grated zest of 1/2 lemon
- 1/3 cup pine nuts, toasted
- 1/2 tsp salt
- ground black pepper
- 1 egg, lightly beaten
- 8 sheets phyllo pastry
- melted butter or oil spray



This recipe serves six. ANNABEL LANGBEIN

ENDLESS Fairways

TourismSaskatoon

TOURISMSASKATOON.COM

Toll Free: 1.800.367.2004



NBA

Bids under review in sale of Clippers

An individual with knowledge of negotiations to sell the Los Angeles Clippers says attorneys and bankers are reviewing multiple bids and have not yet selected a winning bidder.

The individual, who was not authorized to speak publicly, told The Associated Press on Thursday that "there has been no decision.... They are still negotiating bids, plural."

The person spoke amid media reports a buyer had been selected.

Shelly Sterling is negotiating the sale after her husband, Donald Sterling, made racist remarks that were made public. She was looking at three serious bids earlier Thursday ranging from \$1 billion to \$2 billion. **THE ASSOCIATED PRESS**

French Open

Nadal easily handles young Austrian phenom

Eight-time champion Rafael Nadal advanced to the third round and improved his French Open record to 61-1 after beating big-hitting Dominic Thiem of Austria 6-2, 6-2, 6-3 on Thursday.

The Spaniard's only defeat at Roland Garros was in the fourth round against Robin Soderling five years ago. He was never in danger of losing this time, but was occasionally on the back foot as Thiem, a 20-year-old rising star, went for his shots throughout the match and broke the top-seeded Nadal's serve twice. **THE ASSOCIATED PRESS**



Workers install seats in the south-side stands at the TD Place at Lansdowne, home of the Ottawa Redblacks, on Thursday. PATRICK DOYLE/THE CANADIAN PRESS

CFL, CFLPA reject each other's offers

Collective bargaining agreement. Training camps likely to open without new deal

CFL training camps will open as scheduled Sunday despite another breakdown in contract talks between the league and its players.

Negotiations ended Thursday afternoon after the CFL rejected the union's latest proposal, one that included an amendment to its original demand revenue sharing be in-

cluded in this deal. The players conceded revenue sharing in the current agreement, which was signed prior to the 2010 season.

The CFLPA's proposal came in response to one tabled Wednesday night by the CFL, which commissioner Mark Cohon called its "best and final offer."

The current collective bargaining agreement expired as the clock struck midnight ET on Friday. And while new CFLPA president Scott Flory has maintained the union won't play under terms of the present contract, veteran players will report to their respective teams

Initial demand

\$6.24M

The players' association was originally asking for a team salary cap of \$6.24 million.

Sunday for the opening of training camp.

"We absolutely want the players to report," Cohon said. "It will be the union's decision to strike. We hope they don't."

"We've put our best offer forward; we hope they vote on that best offer."

No new talks have been

scheduled.

Although the players will report Sunday, the question remains for how long. The union has sent its members strike ballots and would be in a position to launch a work stoppage prior to the start of the regular season June 26.

The two sides met Thursday morning following more than 12 hours of negotiations Wednesday. The league's bargaining unit left the bargaining table Thursday with a union counteroffer, only to return hours later to inform the players it had rejected the proposal.

THE CANADIAN PRESS

Pressure on Kings to close out West final



The Blackhawks' Brandon Saad scores against Kings goaltender Jonathan Quick on Wednesday in Chicago. TASOS KATOPODIS/GETTY IMAGES

Drew Doughty had just played more than 39 minutes in a double-overtime playoff game, and he still couldn't sleep on the Kings' flight back to Los Angeles.

The Western Conference final has ascended to a new level of tension after the Blackhawks dodged Los Angeles' first attempt to eliminate them. Chicago trimmed its series deficit to 3-2 in an extra-time thriller in Game 5, while the Kings got a sleepless trip home. Los Angeles gets another

Quoted

"It's going to be tough for them to close it out and win that fourth game against us."

Blackhawks centre Jonathan Toews on facing a second straight elimination game against the Kings.

chance to advance in Game 6 on Friday night. While the Kings have been incredible in elimination games this spring, Doughty real-

izes they can't sleep on the opportunity before them at Staples Center.

"We know we can't let it go to a Game 7," Doughty said at the Kings' training complex. "No matter what, this game has to be ours. It's so important for us to advance to the Stanley Cup Final.... If we give them this game, they're going to have so much more life, and they're going to be a different team. We need to take that and deal with it."

THE ASSOCIATED PRESS

4 SPORTS



Pacers forward Lance Stephenson has been pestering LeBron James in the Eastern Conference final, even blowing in the Heat superstar's ear during a break in action in Game 5 on Wednesday night in Indianapolis. MICHAEL CONROY/THE ASSOCIATED PRESS

Heat hoping their struggles blow over

NBA playoffs. Drama between East rivals reaches new level

By now, Lance Stephenson's list of egregious acts from Game 5 of the Eastern Conference finals are well-known: He blew air into LeBron James' ear, interrupted a Miami Heat huddle and got caught flopping for the second time.

And on Thursday, the Heat tried to get their focus back on themselves.

Heat coach Erik Spoelstra almost never holds a practice the day after a road game, especially when the team plane lands around 3:30 a.m. as was the case in the wee hours of Thursday. But Spoelstra deviated from the norm on the day before Game 6 of this East title series, not for any one on-court issue but rather so the two-time defending NBA champions could relieve some frustration.

"Clear heads ... and to connect," Spoelstra said. "We didn't want to leave it all to tomorrow. There were some things we wanted to go over, and for time's sake, splitting it up was a little bit more efficient."

The Heat still lead the series 3-2, and get the chance to close the Pacers out for the third straight year on Friday night. The game is in Miami, where the Heat have won their last 10 playoff contests.

Predictably, the talk on the off day wasn't so much about Paul George scoring 39 points to lead his team to a season-saving win, or even how James was held to seven points on a night that he was rendered silent for long stretches because of foul trouble.

Instead, the buzz was almost entirely about Stephenson, who has simultaneously become a Heat frustration and Internet sensation. Images of his already-infamous ear-blowing stunt were widely distributed on social media moments

Big shot Bosh?



"It's Game 6. It's our Game 7."

Heat forward Chris Bosh on Friday night's game in Miami.

after it occurred in Game 5, and he didn't back down Thursday when asked about his desire to pester the Heat.

"Just playing ball, man, having fun and enjoying the moment," Stephenson said.

Spoelstra didn't react when Stephenson — who said James was showing signs of "weakness" earlier in the series — crashed the Heat huddle. Much like his players, Spoelstra didn't bite when asked about the excitable Pacer guard's attempts to throw Miami off its game.

"Very bizarre game," Heat guard Dwyane Wade said. "Weird game. But it's over."

THE ASSOCIATED PRESS

PLAY FLOWING SPRINGS

Now until
Sunday, June 15/14

**with this
coupon**

Pay the Regular Green Fee
and receive another FREE

\$47 Value!

Free passes are redeemable any day
(except the day issued) until seasons end

BOOK NOW!



FLOWING SPRINGS
Golf Greens

306-543-5050

Manning springs to life in OTAs

Eli Manning participated with the first-team offense Thursday at the New York Giants' organized team activity, showing no signs of the ankle surgery he underwent nearly two months ago.

"I feel like I can do almost anything football related," said Manning, who took most of the snaps during the workout. "I'm not going to take any time off. This is the second day, and I want to see how it's responding. There is no swelling, no discomfort, no issues. I'm able to go about my business."

Manning had ankle surgery in early April after enduring the worst season of his 10-year NFL career. He threw 27 interceptions with just 18 TDs and was sacked

Quoted

We thought the progress would be slow, but he's so far ahead. There may be a day where he's a little sore, but he hasn't shown it yet."

Giants head coach Tom Coughlin on Eli Manning's recovery from off-season ankle surgery

a career-high 39 times. The Giants finished 7-9.

The ankle bothered Manning for most of the season and knocked him out of the final game against the Washington Redskins, the first time Manning went to the



Giants quarterback Eli Manning had a rough 2013 season in which he felt the ill effects of an ankle injury. RON ANTONELLI/GETTY IMAGES

sideline because of an injury in his career.

"My goal was always to be back for the OTAs," Manning said. "The doctors said that I needed seven weeks after surgery. They didn't tell me that I wouldn't be ready, but I had it in my mind that I should be ready. After three weeks, I knew I was feeling pretty good."

The Giants are installing a new version of the West Coast offense under the guidance of new offensive co-ordinator Ben McAdoo.

"I like it. Everything

about it makes sense," Manning said.

"It's still the early stages, but I like where we're headed."

Giants coach Tom Coughlin isn't surprised by Manning's progress.

"When he first started, we tried to slow him down," Coughlin said. "But he wants to go. We thought the progress would be slow, but he's so far ahead. There may be a day where he's a little sore, but he hasn't shown it yet."

THE ASSOCIATED PRESS

E-Cigarette & Vaping HEADQUARTERS
Featuring
Jet & VAPORX
Rechargeable systems
E-JUICE too!
1230 Broad St. - Value Mall - Regina, Sask.
306-757-2022 ph/fx - jades@smokerscorner.ca

Horoscopes

Aries

March 21 - April 20

Relationships seem to be taking on a more aggressive edge, due to the presence of Mars in your opposite sign. Keep reminding yourself that life is not a battle and that people are not the enemy. Compromise is best.

Taurus

April 21 - May 21

You are advised not to make too many plans. If someone asks you to take on extra responsibilities, turn them down flat. Your health could be at risk if you push too hard.

Gemini

May 22 - June 21

The tempo of life has picked up and it will pick up more today and over the weekend. Can you stand the pace? Of course you can. You think and act twice as fast as most other people.

Cancer

June 22 - July 23

Someone will try to compel you to do things you don't want to do today. It may be that for now you have no choice but to do what they say but start looking around for ways you can get out from under their thumb.

Leo

July 24 - Aug. 23

You seem to be endowed with almost limitless energy at the moment and are getting so much done that it's unlikely you will let up soon. Remember though that it is quality work that counts, not quantity.

Virgo

Aug. 24 - Sept. 23

You've built up momentum in recent weeks and you will be moving onward and upward for some time yet. Having said that, you know you cannot keep up this pace forever.

Libra

Sept. 24 - Oct. 23

Mars in your sign makes life more exciting. Wherever you go and whatever you do today, you must seize the initiative and make sure the world knows you are a force to be reckoned with.

Scorpio

Oct. 24 - Nov. 22

You don't have to be the life of the party and with Saturn in your sign it's unlikely you will win any prizes for popularity. But do you care? Of course not!

Sagittarius

Nov. 23 - Dec. 21

By all means stand up for what you believe but don't turn it into a war. Just because some disagree with you does not mean you have to beat them into submission.

Capricorn

Dec. 22 - Jan. 20

If someone in a position of power says or does something that you disagree with today you would be wise not to let it show. According to the planets, you are not yet strong enough to confront them directly.

Aquarius

Jan. 21 - Feb. 19

With the Sun and Mars well placed in your chart, you can easily find ways to get past other people's defenses. You can be subtle about it but more likely you prefer to blast your way through. It's more fun.

Pisces

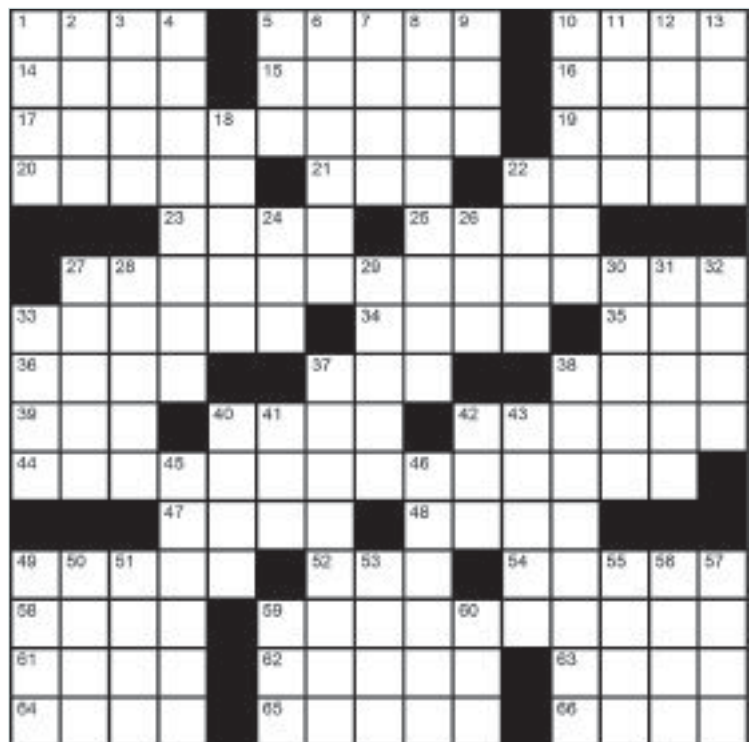
Feb. 20 - March 20

There is a lot of gossip at the moment and it could damage your credibility. You must speak up and let others know that what is being said about you is not remotely true. You're just not that bad. SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Monsieur Le Pew
5. Loudly sleep
10. Bobby Darin's "___ the Knife"
14. Oil of ___
15. Mr. Thompson of "Saturday Night Live"
16. Reign
17. Angelina Jolie's new Disney movie
19. Eminem tune
20. ___ album
21. Dress
22. Temperaments
23. Ms. Bombbeck
25. \$1000, commonly
27. Saskatchewan's provincial flower: 3 wds.
33. Michael C. Hall title role
34. River of England
35. My own, in Latin
36. River islets
37. Deception
38. Bird's 'snout'
39. Business boss, briefly
40. Songstress Tori
42. Abrasion
44. Jean Coutu and London Drugs: 2 wds.
47. "Star Trek" episode, ___ Time
48. Music's *N ___
49. Comedian Mr. Marx
52. Ad ___ committee
54. Small boat
58. Sacred Buddhist peak
59. Scenic attraction in Nova Scotia: 2 wds.



61. "Oh, ___ careful!" (Play it safe)
62. FOX News host Ms. Van Susteren
63. Noun-creating suffix
64. Outlying
65. "___ be expected..." (No big surprises)

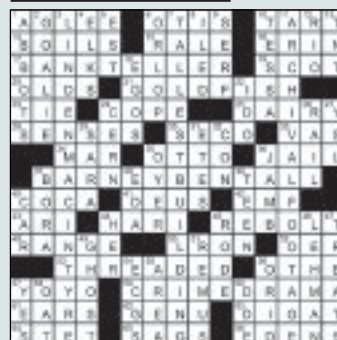
66. "Star Trek: The Next Generation" role, Lieutenant Commander ___
- Down**
1. Ceremonial magnificence
 2. Valley where David slew Goliath
 3. Texas: ___ Duro

- Canyon
4. Optometrists administer them: 2 wds.
5. Jet ___
6. Fruit juice
7. Count Basie's "___ 'Clock Jump"
8. Made sense: 2 wds.
9. 'Persist' suffix
10. Neil Young

- penned tune that goes "...when the messenger brought me a letter.": 2 wds.
11. CAW = Canadian ___ Workers
12. Clothed
13. Mattel dolls
18. Strong suit
22. Way

24. Madonna's "___ Girl"
26. Fellows
27. Consider
28. Surplus
29. Clamorous
30. "___ business!"
31. Jumps
32. Pilot's 'steering wheel'
33. Not wet/not dry
37. London, ON born actor Gene (b.1891 - d.1957) who is the father of actress June
38. Mason's favourite hue, perhaps: 2 wds.
40. Mil. stockpile
41. ___ jacket
42. Bashful
43. Able, archaically
45. Zorro's 'Z'-marking prop
46. Actor, George
49. Daytime TV host Ms. Kotb
50. "I ___ the opinion that..."
51. Country's Ms. McEntire
53. UK awards since 1917
55. 'Collection'-meaning suffix
56. Book genre, briefly
57. One-named bassist
59. Movie special effects, commonly
60. Spiritual 'way'

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

4	8	3	6	9	5	2	1	7
7	2	6	3	8	1	4	9	5
5	1	9	7	2	4	6	3	8
3	9	1	4	6	8	7	5	2
2	6	5	1	7	3	9	8	4
8	7	4	9	5	2	3	6	1
9	3	2	5	1	7	8	4	6
1	4	7	8	3	6	5	2	9
6	5	8	2	4	9	1	7	3

5			7		4			8
7	2	3				9	4	6
			9	3		7	1	
3								7
			6	2		5	8	
1	5	4				3	6	9
8			5		6			1

Today

24°/10°
Sunny

Saturday

24°/12°
Variable

Your #1 weather forecast now available in HD.
Check your local listings for details.

©The Weather Network 2014

REGINA SPORTS NEWS FIRST

ROD PEDERSEN.COM

CANADA'S #1 SPORTS BLOG

PUT THE SMART BACK IN YOUR PHONE...

Download the FREE Metro app today!

Keepin' it Clean

Chatterson
JANITORIAL SUPPLIES

www.chatterson.com
2810 Dewdney Avenue, Regina • 306.525.3568

SHIFT INTO SPRING

ENDS THIS SATURDAY

WIN ME!



**PURCHASE A VEHICLE BETWEEN MAY 26TH - 31ST AND AUTOMATICALLY
GET ENTERED TO WIN A YAMAHA BRUIN 350 ATV.⁽¹⁾**

FREE \$20 CINEMA GIFT CARD WITH EVERY TEST DRIVE**



**CARS AS LOW AS
\$54^{*}/WK**



**VANS AS LOW AS
\$69^{*}/WK**



**SUVS AS LOW AS
\$39^{*}/WK**

\$0

DOWN DELIVERS



**TRUCKS AS LOW AS
\$87^{*}/WK**

**INTEREST RATES
AS LOW AS**

4.99%⁽²⁾
APR OAC

NO REASONABLE OFFERS REFUSED!

306.522.6612 • bennettdunlopford.com
770 Broad Street, Regina



BennettDunlopFord

Driving Change

*All prices and payments are based using \$2,200 down or equivalent trade in value and exclude dealer installed options. All payments are weekly based using 4.99% APR OAC. Longest term possible based on model year of the vehicle. Cars as low as \$54/WK is based on Stock #106271 2013 Ford Fiesta - Sale Price \$17,295. Vans as low as \$69/WK is based on Stock #R267728P 2012 Dodge Caravan - Sale Price \$18,495. SUVs as low as \$39/WK is based on Stock #KB42261T 2011 Ford Escape XLT - Sale Price \$12,495. Trucks as low as \$87/WK is based on Stock #A01140P 2010 Ford F-150 - Sale Price \$22,495. ** First 100 registered test drives will be awarded a free \$20 cinema gift card. While supplies last. All offers and payments are OAC. All photos are for illustration only. The contest period is from May 26th - 31st, 2014. (1) Automatically qualify for the contest by taking physical delivery of a vehicle during the program period. The qualifying vehicle must be considered a retail value of more than \$5,000. Fleet, government, daily rental and wholesale vehicles will not qualify for this program. No Purchase Necessary. Employees and employee family members of Driving Change Automotive Group will not qualify for all the above programs. (2) 4.99% APR on select models and is OAC. See dealer for all rules and regulations. All offers available at time of print. Offers are subject to change. Some exclusions may apply. WE DO NOT CHARGE ADMIN FEES! DL#916407